

## **FAO Party Leader**

Hello,

We build tailor-made programmes to accommodate the needs of each group and Sayers Croft staff will lead all activities during the morning and afternoons up to 4.30pm.

The activities chosen by the visiting groups will be from a list of whole group (Menu A) and split group options (Menu B). From these two lists you will be able to choose up to your allocation of activities in Menu B and then select the remainder from Menu A. Groups are also able choose all their activities from Menu A according to preferences and visit aims. Your lead instructor will guide you through arranging your programme during the planning meeting.

Groups can pay for additional sessions; however this option can only be discussed once all other groups have booked in their allocated hours of instructor time and providing there is availability. Extra sessions can be added to your booking for £75 weekdays and £90 weekends for 3 hours.

Instructor led sessions can be booked between 9.30am-12.30pm, 1.30-4.30pm, in addition to this you are also able to arrange self-led activities which are scheduled from 4.30pm until dinner and introduced by an instructor. The lead instructor at your group planning meeting will be able to advise which activities are more suited to being self led at the time of year your group visits Sayers Croft. The pool is available to book in the afternoons during the summer months, the pool sessions can be fitted into your activity programme in the afternoons, or can be booked after 4.30pm. Pool sessions outside of normal instructor led session times does not impact your menu B allocation.

Yours faithfully,



**Zoe Stroud**

Centre Manager



**City of Westminster**

Sayers Croft, Cranleigh Road, Ewhurst, Surrey, GU6 7SS

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## Menu A - Instructor led activities

Menu A activities vary in length from 1.5 to 3 hours and can be combined in multiple different ways. Your instructor at your planning meeting can discuss this in further detail. Rest breaks can be incorporated mid way through the morning and afternoon.

Listed below is an example day of activities that could be selected from Menu A:

*9.30am-12.30pm: Stone Age activity including shelter building, fire lighting, foraging game and handling objects*

*Lunch*

*1.30pm-3.00pm: Team play games*

*3.00pm-4.30pm: Woods compass trail*

<b><u>Menu A (whole group activities)</u></b>
Pond dipping
Nature explorers (Animal tracks and signs, food chains, habitats, minibeasts)
Plant Games (Pollination, germination and seed dispersal)
Orienteering (we have many different courses for progression)
Photo orienteering
4 figure co-ordinates
Woods compass course
Shelter Building
Ballista building (firing soggy sponges at each other)
Stream walk
Stream study (Features of a meander, measuring activity, field sketch, invertebrate pollution study)
Celtic Round House (Celts, Romans, show and tell, fire lighting, dress up and roman formations)
Stone Age activities (can include shelter building, fire lighting, foraging game, handling objects)
WW2 history activity (plus visiting real WW2 air raid bunker)
Dormouse survey
Natural art
Maze and blindfold trail
Team challenges (problem solving activities)
Team play games (fast moving games to encourage groups to work together)
Offsite walks full day- Pitch Hill (can include habitat comparison, maps, interesting local knowledge, soil studies)
Offsite walks half day- Wealden walks, Figure of 8 walk



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<b>Menu A cont'd (whole group activities)</b>
Craft activities (air dry clay models, hazel frames to hang in window, corn dollies)
Earth walks (sensory/exploration-based woodland activity)
Small mammal trapping
Village comparison study
Gruffalo story walk (younger groups)
Drumming
Search and Rescue (map work and deduction)

### Menu B - Adventurous Activities

We can allocate up to 2 instructors per dorm to accommodate split group (Menu B) activities at any one time. These activities must be taken together where possible.

For example: a group of 23 children are allocated 6 hours of Menu B activities. The morning (9.30am-12.30pm) is split into two groups with both receiving a session of raft building and climbing, and each group having two 1.5 hour activities as below:

	<i>Group 1</i>	<i>Group 2</i>
<i>9.30am - 11.00am</i>	<i>Raft building</i>	<i>Climbing</i>
<i>11.00am -12.30pm</i>	<i>Climbing</i>	<i>Raft Building</i>

<b>Menu B - number of hours</b>			
<b>Group size</b>	<b>Week</b>	<b>Half week</b>	<b>Weekend</b>
8-16	6	3	3
17-24	12	6	6
25-32	15	9	6
33-38	21	12	9



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<b><u>Menu B (split group activities- up to 16 participants, 1.5 hour sessions)</u></b>
Rafts (from year 3)
Climbing
Gladiator challenge
Zip wire
Abseil
Woodland ropes (from year 3 up to year 6)
High ropes (from year 5)
Archery (max 12 participants, can be 1 hour sessions)
Axe throwing (from year 5)
Bouldering (can be 1 hour)
Challenge course
Caving (can be 1 hour )

### Evening activities

Evening activities can be booked for after dinner.

<b><u>Instructor- led activities (one per visit)</u></b>
Night/evening walk (dependent on time of year- bat walk, sensory walk, night tricks walk)
Reflector trail (reflective trail to follow in groups in the dark)
Gruffalo walk (younger groups)
Night stars activity
Story telling in the Roundhouse
Tuck shop
<b><u>Self-led activities (one per evening)</u></b>
Campfire
BBQ (see additional costs)
Indoor giant games
Disco
Circus skills (juggling balls and scarves, diabolos, ribbon sticks, hoops and instructions)
Dormitory-based activities (Talent show, DVD night, pyjama party, quiz, bingo)
Amazing mazes/ puzzle boxes to use in dormitory
Craft activity- clay modelling or hazel frames
Parachute games
Games equipment to play team games on field (football, rounders, etc.)



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