

Information			
Competition	Primary Swimming Gala	On-the-day Contact	Angela Emanuel - 07940 021 907
Date	Thursday 27 th February 2020	Venue	Queen Mother Sports Centre, 223 Vauxhall Bridge Road, SW1V 1EL
Time	10:00am – 14:00	Arrival	Please be ready and changed 15 minutes before the gala is due to start. If you plan to use the changing facilities at Queen Mother Sport Centre, please make sure you allow for this and arrive in good time.
Entry Information	We expect to be able to cater for a maximum of 12 teams for this competition. Schools will have their space confirmed as quickly as possible after the entry deadline		
Important Information	<p>For health and safety reasons, the ability of your children will be assessed in the warm up swim and the race judge will have the discretion to disallow children to swim.</p> <p>All races will be run in accordance with the ASA Technical Laws. Please be aware, there are some rules that will be strictly adhered to. Non-compliance will result in disqualification so it is highly important all competitors are informed of these.</p> <ol style="list-style-type: none"> 1. When finishing breaststroke and butterfly races, two hands must touch the pool 2. Swimmers must finish on their back in backstroke 3. During relays, hands must touch the side of the pool before new competitors enter the water. 		
Competition Format	<p>There will be 25m races in breast stroke, backstroke, butterfly and freestyle and a kickboard race include your keen, but less able swimmers. There is also a Medley Relay and Freestyle Relay race. All races will take place over 25m.</p> <p>We expect to have two heats for each and the medals will be awarded on times – there will be no finals.</p>		

<p>Team Information</p>	<p>Your team should be made up of children in years 4, 5 and 6. Swimmers are allowed to swim in the maximum of 2 events plus a relay. Swimmers are not permitted to swim up or down an age group. Declaration sheets will be sent out alongside the link to the online entry form.</p> <p>If you are not able to field children in every race but are still keen to enter, please do so. Your overall total will be affected if not all races are entered, but we would not want you to miss out.</p>
<p>PE Kits</p>	<p>All participants should wear a one-piece swim suit and have warm clothes to wear at the side of the pool. Swim hats and goggles are optional. Shoes must be removed before going poolside.</p>
<p>Equipment</p>	<p>All equipment is provided by WSU</p>
<p>First Aid</p>	<p>Life guards and first aiders will be present at this event, but it is advised that schools also bring their own.</p>
<p>Photography</p>	<p>Photography is strictly prohibited at swimming galas. We will appreciate your help in enforcing this rule with parents and spectators</p>
<p>Contact</p>	<p>If you have any questions or queries please do not hesitate to contact Angela Emanuel-Carr.</p> <p>Tel: 020 7641 5879 Mob: 07940 021 907</p> <p>Email: aemanuel@westminster.gov.uk</p>

