

ACTIVE  
WESTMINSTER  
AWARDS  
2021



#ActiveAwards2021

ACTIVE  
WESTMINSTER



City of Westminster

# Thank you for attending the ActiveWestminster Awards 2021

We can't tell you how good it is to be back. But as you know, being 'back' is a bit different this year.

Thank you for your cooperation in helping to minimise the risk of spreading COVID-19 by taking steps to test yourself ahead of tonight's ceremony.



# Here are some of the steps we are taking tonight



## Face covering

Whilst it is no longer a mandatory requirement to wear face coverings, we'd encourage you to be mindful of others, and wear a face covering when in crowded and enclosed spaces to help reduce the spread of COVID-19. Follow this recommendation and advice about personal responsibility.



## Hand sanitisers

Please use the hand sanitisers in the venue and situated on each table.



## Social distancing

While social distancing is no longer mandatory, we encourage you to consider the risks of close contact and give other guests and staff space where possible.

Your support and understanding will go a long way. Things may take a little longer than you're used to but your patience is appreciated.

We hope you enjoy the awards ceremony.

# Agenda

|               |  |
|---------------|--|
| <b>6.55pm</b> | <b>Opening performance</b><br>Step Change Studios  |
| <b>7.00pm</b> | <b>Welcome and introduction</b><br>Welcome and introduction by Sky Sports<br>Presenter David Garrido and Cllr James Spencer,<br>Cabinet Member for City Management |
| <b>7.05pm</b> | <b>Awards presentations begin</b>  |
| <b>8.00pm</b> | <b>Half-time entertainment</b><br>Singer, Yiannis Chrysanthou  |
| <b>8.10pm</b> | <b>Discussion</b><br>Discussion with Dr Amy Jones, Director<br>for Environment and Climate Change  |
| <b>8.15pm</b> | <b>Quiz rounds</b>   |
| <b>8.30pm</b> | <b>Awards presentations continue</b>   |
| <b>9.15pm</b> | <b>Closing remarks</b><br>The Right Worshipful Lord Mayor of Westminster,<br>Councillor Andrew Smith   |
| <b>9.20pm</b> | <b>Prize draw</b>  |
| <b>9.30pm</b> | <b>Thank you and close of event</b>  |



# Welcome

## From Cllr James Spencer

Good evening and a very warm welcome to the 12<sup>th</sup> ActiveWestminster Awards. We are here this evening to celebrate the people and organisations that make Westminster the active city that it is.

It's fair to say, the past 18 months have been extremely challenging for many. However, despite the myriad of challenges faced, your commitment to sports and remaining active did not wane. That is why we must give a round of applause to those here tonight for not allowing adversity to diminish the extraordinarily successes achieved. In fact, there is cause for a double celebration given we can all be here together in-person.

The nominations received this year have been outstanding. They ranged from schools, local clubs, elite athletes, residents, and ActiveWestminster partners. I am told the judges had yet another difficult year when it came to shortlisting the finalists due to the high calibre of nominations received. However, after much deliberation, the finalists were decided upon based on their outstanding contributions to keeping our residents active through physical activity, sport and or leisure. We, the council, appreciate the hard work of all nominees, and recognise the commitment that they have given to the communities in Westminster.

This evening would not be possible without the dedicated officers working within the Sport, Leisure and Active Communities Team, and I would like to take a moment to acknowledge their unfailing efforts. Every individual in this team sees their role as the chance to make a difference; to change people's lives. To them, it is not a job but a vocation, the opportunity to make things better for others. The team's mission is to help our community lead healthier, happier lives utilising collaboration to encourage everyone to be more active. With enforced lockdowns, this task has proven especially difficult over the last 18 months, and it is inspiring to see the innovative and creative working practices the team have been able to adopt in order to continue delivering a world-class service.

I feel honoured to say Westminster City Council continues to be recognised widely; Paddington Recreation Ground retains impressive accolades from two annual green space and horticultural awards: London in Bloom and the Green Flag Award. The grounds, which

are managed by leisure contractor Everyone Active, retained Green Flag status for another year and – following a site visit – were awarded a gold standard award in the London in Bloom competition for the seventh consecutive year. These accolades are an excellent achievement for the whole team who work hard to keep Paddington Recreation Ground at its best for everyone to enjoy.

Westminster City Council has raised a Green Flag Award at Christchurch Gardens. The award is the international quality mark for parks and green spaces. After 18 months that have seen our parks and green spaces play a vital role for people through lockdowns as a place to relax, exercise and meet friends and family safely, the news that Christchurch Gardens has achieved the Green Flag Award is testament to the dedication of the team in making it a great space for everyone can enjoy.

We will be launching our ActiveWestminster Strategy in 2022 which will provide a coherent framework within which sports and physical activity in Westminster can develop and flourish in a true spirit of partnership between the council, partners, stakeholders and of course our residents to create a city that is for all.

We will continue our digital ambitions by purposefully implementing OpenActive. In doing so, we will open to the benefits of digital innovation in the physical activity, leisure and sport sector for our residents and communities by embracing and learning from new technology. Through this, we will encourage, facilitate, and enable our children, young people, families, and communities to lead active lives by undertaking changes to their lifestyles that are tailored to them and which suits their needs.

Finally, I would like to say a huge congratulations to all the nominees. You have set a very admirable benchmark. Remember, everyone nominated tonight is a winner, even those who do not receive an award. As the old adage goes: 'It's the taking part that counts' and I hope you continue to achieve amazing things through your dedication and inspiring work to physical activity, leisure and sport in Westminster.

I would also like to thank the ActiveWestminster Partnership for their continued support and I express my gratitude to all who have played a role in organising this outstanding event.

**CLlr James Spencer**  
Cabinet Member for City Management  
Westminster City Council



# Awards headline sponsors

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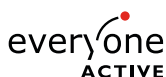


## EcoWorld

A new community leisure centre at the previous site of Jubilee Sports Centre, will consist of new a three-court sports hall and community suite. Changing areas will meet the changing places standard, making this centre accessible for the whole community. The community suite will be flexible and provide space both for physical activities and for community events. This community leisure centre is currently under construction and is forecast to open in winter 2022. The opening of this new community leisure centre is an integral part of the ActiveWestminster Strategy and the council's City for All priorities.

# Our partners

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## Everyone Active

Everyone Active is proud to work in partnership with Westminster City Council, helping to provide health, fitness and leisure services to local communities.

The company and its employees are passionate about the role we believe we can play in improving the health and wellbeing of the city and are committed to providing the highest standard of facilities at Westminster leisure centres.

All the company's staff share the same passion for being active and our commitment to providing members with the highest quality health and fitness advice and training.

As well as managing leisure centres on behalf of Westminster City Council and delivering health and fitness services, Everyone Active also supports the council to find and secure funding to improve and/or create new facilities and activities locally in the community.

# Thanks to our sponsors for donating prizes





## Award shortlisted finalists

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### The Active Inclusive Award

This award recognises individuals, clubs or facilities that create and deliver inclusive activities for deaf and disabled people and people with a learning disability.

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#### Ballers of London

Ballers of London have provided support to all people especially the young people of Westminster. With the ethos of building their workforce from the very same young people who they have supported, many of the team have benefited from this project.

The team are passionate about welcoming participants inclusive of all disabilities, so they can provide them with one-to-one time to listen and understand their needs. People feel welcomed, valued and confident and enjoy coming back.

2021 has been incredibly challenging for the team, but as soon as sessions could start back again, participants were welcomed with parents thanking the team for their positive impact.

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#### Pimlico Puffins

Pimlico Puffins provide a safe and inclusive space for disabled people to learn swimming as well as improve on their current swimming skills.

Swimmers feel safe coming to sessions due to the number of volunteers. Every volunteer receives hands-on training allowing volunteers to learn exactly what the needs, considerations, and adaptations are all swimmers.

After swimming sessions, the group always have juice and biscuits giving everyone time to feel part of a community. Volunteers are motivated to help people with disabilities and is main reason for the success of the club.

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## Sport for Confidence

Sport for Confidence deliver workshops to individuals, helping to bridge the gap between health and leisure to make sport accessible to all.

The team have ensured participants can access physical activity virtually over lockdown and offered specialist interventions to reduce the risk of deconditioning or inactivity.

The team ensures leisure centres are inclusive and accessible for local people to access physical activity. Participants report improved health and wellbeing and feel part of their community.

Specialist sessions are delivered every week such as Inclusive Swimming and Supported Gym Sessions. The whole team is focused on reducing inequalities and supporting more people to be active. Participants achieve an improved quality of life through the use of physical activity and occupational therapy.



## Award shortlisted finalists

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### Change4Life Award

This award recognises projects which have made a difference to adults' health and wellbeing through physical activity, leading to making long-term improvements to their lifestyle.

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#### Chelsea & Westminster Swimming Club

Throughout lockdown, C&W Swim Club developed online programmes to engage young athletes with land training sessions as well as Zoom seminars run by coaches, nutritionists and physios. The team also created a COVID-19 emergency fund to support those who could not afford to pay fees.

Competitions were arranged bringing together all age groups and abilities to take part as a single group. Additional coaching staff resulted in the growth of the senior and junior squads attracting both young and beginners to the sport.

The club managed to keep all squads swimming whenever the pools were open and organised a summer camp to Majorca.

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#### London Basketball Association (LBA)

During lockdown, LBA targeted young inactive people aged of 10–18 providing them with free and accessible sessions.

Coaches provided one-to-one support, becoming role models to young people, particularly over the past year. During the lockdowns, they also delivered digital Zoom sessions with activities such as basic exercise routine and basketball drills. This helped young people improve their physical and mental wellbeing, giving them extra-curricular activities and helping them build friendships.

The LBA gave 25 accredited courses to schools for free, so they could benefit from qualifications as soon as restrictions were lifted. The LBA provided opportunities to support the whole community, running activities and getting parents involved too.

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## Parkour Generations

Parkour Generations provide a unique, challenging and naturally fun way for young people of all ages to explore their movement potential in a safe, expertly coached environment. Junior and youth classes help children progress into movement practice, developing physical literacy as well as core skills such as teamwork, courage, resilience and self-efficacy.

Parkour Generations also provide home-school organisations and Pupil Referral Units to give regular physical activity provision to many children who don't have easy access to sports or PE.

Classes returned immediately after lockdown ended and the organisation were delighted to see numbers bounce back joined by an entirely new crop of young people getting involved after months of enforced inactivity.



## Award shortlisted finalists

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### OneYou Westminster Award

This award recognises projects which have made a difference to adults' health and wellbeing through physical activity, leading to making long-term improvements to their lifestyle.

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#### London Basketball Association (LBA)

The London Basketball Association have supported young adults over the past year. Throughout lockdown, the LBA supported users to build soft skills, find work experience, and confidence in marketing, HR, management and more. By combining a hybrid approach to online and in-person physical activity and basketball sessions, the LBA have successfully continued to reduce the likelihood of users involving themselves with gangs and postcode wars.

Partnerships with St Augustine's and the local police have led to many successful referrals and reduced venue hire, allowing the LBA to offer affordable and accessible opportunities to inactive adults from lower socio-economic backgrounds. Developing relationships and a community at the club has encouraged participants to attend more regularly and become more active.

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#### Church Street Community Champions

Church Street's local volunteers the community champions have held numerous exercise classes aimed at inactive residents in partnership with Greenhouse Sports Centre. Throughout the pandemic, Church Street Community Champions supported and encouraged local residents either in person (when allowed) or by sustaining phone contact with people in need or who expressed fear surrounding exercise, especially during lockdown. Their versatile approach to online classes also ensured that provision remained inclusive and accessible to all.

The Community Champions liaise with residents directly to help understand the needs and wants of a community. This helps shape, grow and develop opportunities within the immediate area. This fluid approach is achieved by their devoted and passionate nature, engaging with hard-to-reach communities with ease.

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## Rathbone Amateur Boxing Club

#FightTogether against Heart Disease is a programme run in conjunction with Heart Research UK to encourage less active adults to look after their heart health. Rathbone ABC specifically targeted males from a BAME background (but everyone was welcome), as they are most at risk from heart disease. They used a three-pronged approach – fitness, stress relief and healthy eating.

Participants are equipped with the knowledge to make lasting changes to their lifestyle. Introducing boxing fitness and mindfulness to participants.

By creating a community in collaboration with Heart Research UK, inactive participants, who would normally have never considered boxing, were able to make lasting lifestyle changes that addressed their cardiovascular fitness, management of stress, and eating habits.



## Award shortlisted finalists

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### The Active Place and Space Awards

These awards recognise a formal place indoors or outdoors and an informal space indoors or outdoors that offers or enables physical activity, leisure and sport opportunities.

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#### The Greenhouse Centre

The Greenhouse Centre is a unique and Grade II\* listed deconsecrated church in North Westminster transformed into a community sports centre. A one of a kind facility where inspirational coaches deliver high-quality sports programmes. The Centre is the home for the existing Greenhouse Sports Table Tennis Club, as well as other sports programmes for young people and their families from the local community and beyond. Greenhouse Sports gives young people an opportunity to participate in sports, receive mentoring and improve physical wellbeing. They partner with schools across London to provide opportunities for children who may be disengaged, vulnerable or facing disadvantage to develop key life skills that help them thrive.

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#### Jubilee Hall Trust

The Jubilee Hall Trust is a charity that aims to build strong healthy communities by promoting the fitness and wellbeing of the individuals within them.

The Trust operates four health, fitness and sports centres across London, two of which are in Westminster. Jubilee Hall manages outreach community programmes such as dance classes for older people and healthy eating education programmes for obese children.

Community programmes now extend to include free classes for seniors, free GP referral schemes and free membership for certain community groups, additional income is raised through external grants and fundraising. Despite the crisis experienced through 2020 and 2021, the Trust has continued to support those with the most need.

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## Paddington Recreation Ground

Throughout the pandemic, Paddington Recreation Ground has seen hugely increased usage as people realised the importance of their local green spaces. It has consistently remained open, even whilst other leisure facilities were closed during lockdown, due to the enormous range of outdoor facilities and a popular children's playground.

There are also several gardens and two environmental areas, where local children can attend the ever popular 'Forest School' sessions hosted by Sayers Croft. Cricket fans can enjoy the pitch at the centre of the park and the four cricket nets in which to practice. The site also boasts an outdoor bowling green and a multi-use Tarmac court.

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## Porchester Centre, Spa & Hall

The Porchester Leisure Centre, Spa & Hall is a fantastic and unique Grade II\* listed building in the heart of Bayswater. It recently redeveloped both the spa and main pool for the first time in its 90+ year history, which has proved popular with users. The centre works incredibly closely with a wide variety of local and national partner organisations, community groups and residents to ensure as many people are able to be more active more often.





## Award shortlisted finalists

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# Physical Education & School Sport Award

This award recognises the commitment by primary, secondary and/or special schools and staff to improving PE and school sports in Westminster.

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### Gateway Academy

Gateway work closely with a range of local clubs and organisations to improve PE and school sport. The school understands that a successful PE and sport curriculum is at the heart of an active, healthy and happy school. As such they are working with a sports consultant to improve their already effective school curriculum and assessment procedures to remedy any long-lasting effects caused by the pandemic.

The school know how important increased physical activity is for children and a significantly higher proportion than the national average of their pupils is eligible for pupil premium, so after-school clubs are free to all, thereby removing financial barriers.

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### St Marylebone CE Bridge

St Marylebone CE Bridge School provides a broad range of diverse activities to promote active lifestyles that are differentiated to tailor students' needs.

Health and fitness topics are featured in the school curriculum as well as P.E, PSHE, Mindfulness, Hospitality, and Prince's Trust. All lessons are inclusive so that students have the opportunity to participate regardless of their physical abilities. The school works collaboratively with organisations to promote active lifestyles, which has also led to students engaging with the local community.

Sports Prefects and ex-students from the local community volunteer to promote active lifestyles within the school. Students promote active discussions during their breaks, facilitate sports games and help out during charity events.

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## Queen's College Preparatory School (QCPS)

QCPS work with organisations to offer sports to all pupils and have strong links with many clubs in Westminster.

Pupils are signed up in a bid to develop their talents and join sports clubs, leading to healthy lifestyles.

Pupils have one hour of seasonal sports and an hour of swimming per week throughout the academic year. Early morning and after school clubs in gymnastics, fencing, netball and hockey are available to all. QCPS girls are offered squad training in multiple sports to help gain entry into National qualifiers and sports clubs. QCPS participate in all of the School Games competitions available. QCPS arrange fixtures in netball, football, swimming and fencing against other schools in and around Westminster.

## Award shortlisted finalists

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### Young Sports Personality Award

This award recognises outstanding achievement(s) in their chosen sport or activity in those who have excelled in their chosen sport or activity either as a participant, coach or instructor.

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#### Andrea Eliasson

Andrea is 12 and is an artistic swimmer with a real love of the sport that has seen her dreaming of competing at the Olympics since she started the activity five years ago.

At last year's Swim England National Age Group Championships, she won four medals and in 2021 competed twice at the junior Olympics in Japan.

Andrea trains daily and travels a significant distance every week to the Queen Mother Leisure Centre, to perfect her technical skills and prepare for competitions.

At the time of writing, Andrea was awaiting her results at the 12 & Under event of the Artistic Swimming National Age Group 2021 and will attend phase three of the Youth GB Trials.

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#### Edward Whittles

Edward is on British Swimming's talent programme and is ranked first nationally for his age group (15 years and under) for both the 400m Individual Medley (IM) and the 200m IM.

Throughout lockdown when access to pools was restricted, Edward had to adjust his training which included taking part in online zoom sessions organised by his club. This year has seen Edward improve his personal best times for both his main events.

Edward is extremely dedicated and somehow manages to fit in 18 hours a week training outside of school hours and attend regular swimming galas that can last whole weekends.

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## Isabella Wormald

Issie Wormald is the newly crowned British Freestyle Kayaking champion (Junior Woman) which is the reward for years of dedication, drive and sheer work ethic.

Issie first visited the Westminster Boating Base (WBB) five years ago and after identifying kayaking as her preferred discipline, the last couple of years has seen her leave her peers behind. At age 14 she is the National Champion in an age group that goes up to 18.

Pre-covid, Issie earned her place on the GB Freestyle Academy program but with the lockdowns and temporary closure of WBB, Issie has had to find other areas to train, using the Thames, local swimming pools and travelling further afield in order to practice at other white-water venues. Thankfully the program re-started this summer and Issie continues to develop her elite skills.



## Award shortlisted finalists

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### Sports Personality Award

This award recognises outstanding achievement(s) in their chosen sport or activity in those who have excelled in their chosen sport or activity either as a participant, coach or instructor.

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#### Charlotte Thomas-Rowe

Charlotte started playing basketball as a child and developed her skills playing across Europe, with the goal that one day she would represent Jamaica.

The last year Charlotte was diagnosed with Relapsing Remitting Multiple Sclerosis. This is a potential sports career-changing challenge which Charlotte is meeting head on, showing her love of the sport by committing herself to court time gym sessions and yoga.

Despite her serious health issues which are currently stopping Charlotte from playing professionally, she is still able to support the local community by coaching local ladies team, The Badabings as well as volunteering with refugees and the homeless.

Everyone who has worked with Charlotte has been inspired by her and send their best wishes to get back playing well again soon.

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#### John Jayne

John started at Moberly Judo club aged eight and is now a ten times British national champion. He has tri-nationality (GB, US and Bulgarian) previously representing GB at the European cadet Championships and Youth Olympics whilst now competing on the world stage for the U.S.

As well as competing around the World, John has developed himself to become an inspiring coach who is very highly regarded by the students of Moberly Judo club, running a series of Zoom sessions for the Moberly judoka during lockdown, and then ran providing training in the local park at Paddington Rec from February this year.

John is also a qualified weightlifting coach who is inspiring and motivating the current crop of Moberly judoka with his positive attitude and vast competition experience.

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## Maia Bouchier

During the 2021 season Maia contributed greatly to the success of the Southern Vipers cricket team which has resulted in their defence of the league title, whilst also representing The Southern Brave in the new Hundred Competition, achieving the team's highest batting rate which helped them qualify for the final.

As a result of these brilliant performances, Maia was selected for the England women's squad. In the International T20's against New Zealand she made her debut and scored 25 runs, the second highest score from a debut player in Women's T20 history.

Thanks to the England selection, Maia has now been offered the chance to play for the Melbourne Stars team in the Big Bash, an Australian professional franchise Twenty20 cricket league, which is one of her cricketing dreams.

## Award shortlisted finalists

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# Rewarding & Celebrating Diversity Award

This award recognises individuals, clubs, projects or facilities that create and deliver diversity and equality activities for Westminster's diverse communities and demographics.

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### Proud to #FightTogether

The 'Proud to #FightTogether' provide free non-contact boxing sessions for the LGBTQ+ community. They provide a safe space, free of judgement and have introduced boxing and its benefits to a whole new group of people. They have removed perceived barriers and stereotypes about the sport of boxing and created a welcoming community, especially helpful to many in the difficult lockdowns. They celebrate their inclusivity and connections with the LGBTQ+ community. They hosted a Pride event and let the participants contribute to the planning, to celebrate their diversity. The group was key for social interaction and exercise during the pandemic and feel like they have been through something together and come out the other side.

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### London Basketball Association (LBA)

In the past 12 months LBA have reached out to participants from over 50 different backgrounds, bringing the Westminster community together. The LBA work with BAME community groups and refer disadvantaged ethnic minority groups to their physical, sports and leisure services. Their equality policy ensures that people from all backgrounds are recruited, representing the whole Westminster community. One innovative approach used to remove barriers for diverse communities and backgrounds, was to make it affordable. It has helped to bring communities together so that they are connecting and learning from each other.

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## Bloomsbury Football Foundation

Bloomsbury Football Foundation has encouraged more diverse communities and demographics to take part in sport through open sessions, holiday courses, and their financial scheme. Bloomsbury Football foundation delivered over 2,000 hours of football before, during, and after the lockdowns. In total, 871 girls and boys, aged 3–15, regularly benefit from participating in high-quality football provisions in person and online through Bloomsbury Football programmes. Bloomsbury Football is a unique organisation doing a fantastic job bringing different people together with football. Bloomsbury Football foundation has impacted each child, giving them an opportunity to feel included and valued, so they can feel that they belong.





## Award shortlisted finalists

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# The Lord Mayor of Westminster's Unsung Hero Award

### In Memory of Mariam Sabir

This award recognises those who show great dedication and give up their time to make a difference in the lives of others in physical activity, leisure and sport. The award carries the name of the late Mariam Sabir, a much-loved volunteer in Westminster.

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### Chrissie Mullings-Lewis

Chrissie is a personal trainer, group exercise class instructor, nutritional therapist, charity fundraiser via exercise and fitness promotion, as well as a functional ageing expert.

This year has seen Chrissie give free classes at The Armoury and Jubilee Hall to try and bolster people's commitment to exercise and help them maintain their previous fitness levels. This inspired and steered people through an exceptionally difficult time.

In addition, she gave free online classes on National Fitness Day, again to encourage people to exercise and improve their mental health. She organised fitness challenges to keep people engaged with exercise and fitness, all the time making it fun and helping people at time of real crisis.

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### Liz Ayres

Liz organises and volunteers for a number of activities, fostering positive attitude towards being active, not just for the physical benefits but for mental health too.

A single parent to an autistic child, she is a huge advocate for those beginning to get active.

Liz volunteers as a coach for Serpentine RC and regularly leads run groups made up of mums, dads and their family members and friends, who are all beginners. She leads free run

groups in Hyde Park and around Westminster for members of her 35,000-member online Facebook running community.

2021 saw Liz recover from Long COVID-19 and gain long term health problems, yet she strives to prove that the only obstacle in a person's way to becoming fit and healthy, is themselves.

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## Lucas Capalbo

Lucas is an academy coach at Bloomsbury Football Foundation and also serves as the Player & Staff Care Lead and the Club's Welfare Officer on a volunteer basis.

Lucas joined the club during lockdown and created a series of online sessions for girls and boys ages 8–12 and 13–15 to promote awareness and knowledge about mental health. The online sessions addressed stress, anxiety, concentration, and returning back to 'normality' and included videos containing the knowledge and tips discussed, which were then posted on YouTube for those who couldn't attend.

Lucas' initiative has been recognised nationwide as he received the UK Coaching Hero awards, the Chipotle Community Champion by London Sport for the month of August, and the Nationwide Mutual Respect award for the month of September.

## Award winner

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# Lifetime Achievement Award

Our last award is designed to commend and recognise any individual who, through their outstanding achievement over their lifetime, has gone above and beyond expectation and made a lasting impact in sport or physical activity in Westminster.

The winner of this year's lifetime Achievement award is Mr Phil Rumbelow. Phil started at Jubilee Hall Clubs LTD as a Club Manager in 1997, was promoted to Group Operations Manager in September 2000, and was made CEO in March 2002. In 2009, along with the Board of Trustees and his Executive team, he rebranded the charity to Jubilee Hall Trust Ltd ensuring the mission, vision and values were better communicated to customers and stakeholders alike.

Phil built a great team and under his leadership, and together, they have expanded and deepened the charity's work, improving facilities and creating partnerships to deliver innovative physical activity programmes to those who can least afford it.

In 2019/20 Jubilee Hall Trust delivered over 316,000 activity sessions – with 28% of them free or concessions – generating £2.1m in social value, an increase of 31% over the previous year. Jubilee Hall Trust was delighted to be recognised as a Top 25 Great Place to Work in the UK in 2019 and 2020.

Phil also believes in living an active lifestyle being a regular runner with various half marathons including the Royal Parks and the Great North Run (on many occasion), Richmond Duathlons and various park runs. He also completed a duathlon around Snowdon, ran, cycled, and kayaked from the east coast to west coast of Scotland and cycled from London to Paris. His ability to network and forge relationships has contributed to much of the work ActiveWestminster prioritised. If Jubilee Hall Trust was not able to deliver something, well he knew someone who could. A natural leader, loved by all he is very passionate about promoting health and wellbeing in the communities in which he serves. His service is a reminder to all that anything is possible and through strategic partnerships we are stronger than the sum of our parts.



Phil is a perfect gentleman who's always been affable and charming to work with and has a worthy reputation for getting things done. It's very befitting that he receives this Lifetime Achievement Award for all that he has done over the many years.

In May of this year, and after an incredible 23 years of service, Phil Rumbelow left his role as Chief Executive. Phil is of course no stranger to the ActiveWestminster Awards, having very ably being our main presenter for the first few years.



## Closing remarks

**The Right Worshipful Lord  
Mayor of Westminster  
Councillor Andrew Smith**

Following a challenging 20 months during the pandemic, and moving the awards online in 2020, we are very excited to have welcomed you back to Porchester Hall for the 12th ActiveWestminster Awards. As you have seen over the course of this evening, the standard of nominations has been exceptional and truly inspiring. There were tough decisions in short-listing tonight's finalists, all of whom have been rightly recognised for the vital role they play in getting and keeping our residents active through physical activity, leisure and/or sport.

It gives me great pleasure to be able to convey our collective thanks and gratitude everyone who was nominated for an award this year. And, congratulations to all the finalists and particularly the winners of this years ActiveWestminster Awards.

This year's awards included a new 'Celebrating Diversity' category as we continue to celebrate our diverse communities in Westminster. In addition to this, the inaugural 'The Lord Mayor of Westminster's – Unsung Hero Award' continues to commemorate Mariam Sabir who was passionate and dedicated volunteer. She worked with disabled children and dedicated all her spare time helping others. Mariam inspired everyone who met her and made a tremendous difference to those she supported.

These achievements we have seen over the course of this evening, amongst many others serve as a strong reminder as to how dedicated our residents, communities and our ActiveWestminster partners have been in continuing to activate our city, lives and neighbourhoods.

Additionally, our Sport, Leisure & Active Communities service are continuing to work hard with our very valued ActiveWestminster partners across the city to ensure we offer the very best support in these times of need.

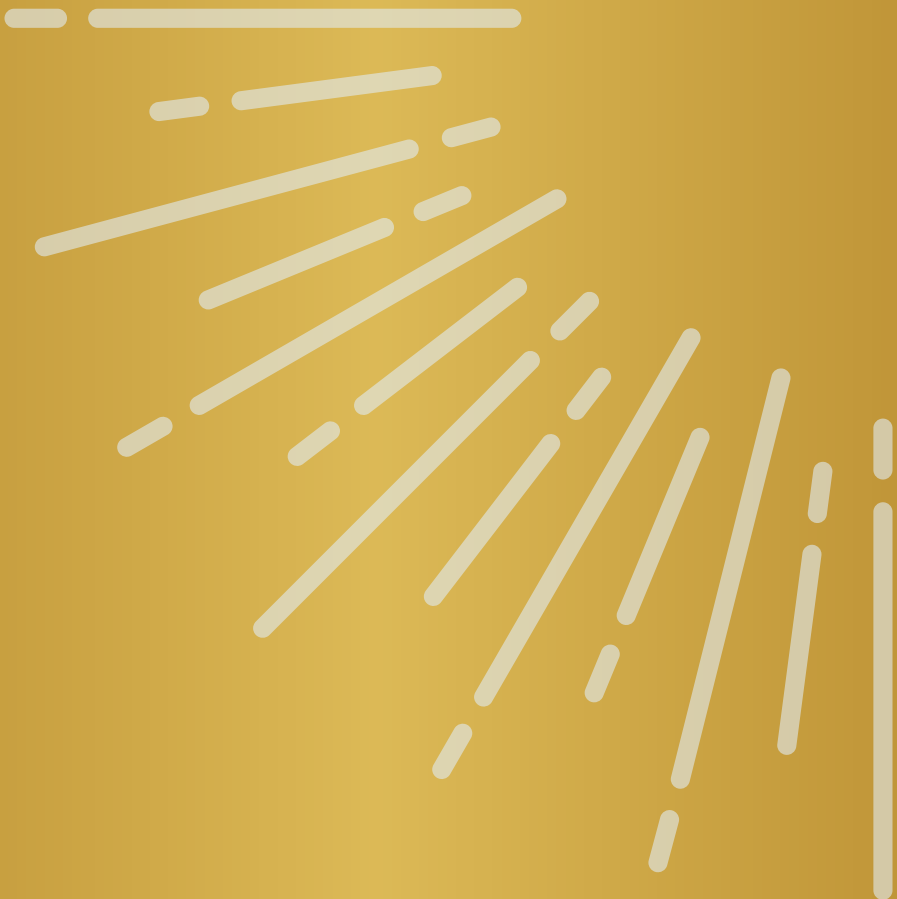
We need to encourage, facilitate and enable our children, young people, families and communities to lead active lives, by undertaking changes to their lifestyles that are tailored to them and suits their needs. With you, our partners, we want to create a thriving 'Active City for All'.

To finish I would like to thank all the nominees and especially the winners, all our ActiveWestminster partners and our Awards sponsors Everyone Active, EcoWorld, Hydro Spec and Centre for Sports Technology. Your inspiring work and dedication to physical activity, leisure and/or sport in Westminster is amazing and so very much appreciated by us all at Westminster City Council.

I'd personally like to thank you all for everything that you have done, and continue to do, for the residents and communities of the Westminster and the ActiveWestminster Partnership.

**The Right Worshipful Lord Mayor of  
Westminster Councillor Andrew Smith**

*Andrew Smith*



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