

**WESTMINSTER SCHOOLS COMPETITIONS**

 **Track and Field Championships**

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|  | **Information** |
| **Competition** | Westminster Secondary Athletics |
| **On-the-day Contact** | Angela Emanuel-Carr - 07940021907  |
| **Date** | Girls –7th May 2025Boys – 13th May 2025 |
| **Venue** | Millennium Arena, Battersea Park, 309 Battersea Park Rd, London, SW11 4NJ |
| **Time** | 9:30am – 3:30pm |
| **Arrival** | This is a long day which needs to start promptly. Please arrive at 9am to ensure that all paperwork is handed in and Athletes are settled before the first race at 10am. |
| **Competition Format** | Events are: * 100m
* 200m
* 300m
* 400m
* 800m
* 1500m
* 4x100m relay
* Discus
* Javelin
* Shot Put
* Long Jump
* High Jump

Each participant in each race who places 1st, 2nd or 3rd will receive a medal. There will be a winning boy’s team and a winning girl’s team all of who will receive certificates. |
| **Team Information** | Athletes can only compete in their year group, they cannot move up or down year groups. Athletes may enter:* Two track and one field + relay
* One track and two field + relay

There will be an A and B runner for each year group for each race and each field event requires two competitors. |