

**WESTMINSTER SCHOOLS COMPETITIONS**

**PRIMARY CROSS COUNTRY COMPETITION**

**VENUE**: The Hub Regents Park **MEMBERS/TEAM**: 24

**DATE**: 2nd October 2025

**TIME**: 10.00am – 12.00pm

**YEAR GROUP**: Year 3, 4, 5 and 6

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**DESCRIPTION**

There will be four age groups throughout the day; year 3/4, year 5/6. Each age group will be broken down further into boys and girls races.

The distances that each year group will cover are:

* 10:40 Year 3/4 – 1km Girls
* 10:50 Year 3/4 – 1km Boys
* 11:15 Year 5/6 – 1.5km Girls
* 11:40 Year 5/6 – 1.5km Boys

Each school may enter 6 runners per race; a total of 24 runners. All year 3/4 will run together with the same for year 5/6 athletes.

Each school will also run as a team with the top four runners scoring; four runners must complete the course in order to register points for the team event.

There will be individual winners for each race who will receive medals.